



Off-Ice Studio Dance Classes

*These classes are for anyone
age 3 - adult who would like to learn more
about different types of dance and fitness.
Classes are offered in our private dance
studio all year round...*

Register in Guest Services Today!

Classical Ballet Technique

~Core strength, balance & grace

Dance Combo Class

~ Ballet class set to funky music

~ Jazz technique with Jumps, leaps and turns

~ A great core workout with some pop dance

Hip Hop Dance Classes

~ Tons of energy & pop dancing fun

Floor Barre

~ Power Stretch Class for maximum flexibility

**We also offer Hip-Hop
Birthday Parties!!!**

Rink Side Ice Arena & Family Entertainment Center
At Gurnee Mills: Entrance H
(847) 856 – 1064 Ext. 302
www.rink-side.com