

New ISI Open Freestyle Tests

Beginning in 2009, all skaters will have even more options to participate in ISI tests and competition events.

All Freestyle skaters and adult skaters will now have a choice: follow our traditional Freestyle 1-10 test program or use the new ISI Open Freestyle test program. Skaters who have already passed any ISI Freestyle-level tests can also choose to participate in this new test program. In fact, they can do *BOTH* the traditional test levels *AND* the new Open Freestyle test levels!

One great new benefit is that USFS skaters who have already passed the Pre-Preliminary, Adult Pre-Bronze or any higher tests and wish to compete in ISI Freestyle events *do not need to pass any previous ISI tests!* In the past, the ISI Alpha-Delta and individual Freestyle-level tests were required before they could compete at a higher Freestyle level — but not anymore! *They only have to take one of the new Open Freestyle tests corresponding to their current USFS test level.*

Another great part about these new Open Freestyle tests is that they give the skater the option of choosing the required maneuvers you do best. While you still have to complete all types of skating maneuvers to pass the tests, you can choose your best jump or best spin within each test level category.

All skaters taking these new tests must be current ISI Individual or Professional members. All skaters who have not passed USFS Pre-Preliminary, USFS Adult Pre-Bronze or ISI Freestyle 1 test must pass the ISI Alpha-Delta tests before taking the Bronze test.

These new tests have the same format, guidelines and general rules as the current ISI Freestyle tests. Each test level consists of two parts: the compulsory maneuvers and the program portion. Skaters must pass the compulsory maneuvers before attempting the program portion of the test.

These tests are divided into four levels: **Bronze, Silver, Gold** and **Platinum**

If the skater has already passed USFS Free Skate tests:	If the skater has already passed ISI Freestyle tests:	New Open Freestyle level* will be:
Pre-Preliminary Adult Pre-Bronze Adult Bronze	Delta or Freestyle 1-3	Bronze test
Preliminary Pre-Juvenile Adult Silver	Freestyle 4-5	Silver test
Juvenile Intermediate Adult Gold	Freestyle 5-6	Gold test
Novice Junior Senior	Freestyle 7-10	Platinum test

* Skaters can participate in a higher level, but not a lower level, based on the test equivalents.

ISI Bronze Freestyle Test

1. Any two jumps from Freestyle 1-3 levels — can be done solo or in combination
2. One additional jump combination with any two jumps from Freestyle 1-3 levels
3. Two spins or spin combinations — can include upright two-foot or one-foot and change-foot spins only
4. Two different arabesques — can be forward or backward and on different feet and/or different wedges
5. Dance step sequence — either the Freestyle 2 or Freestyle 3 dance step sequence or at least 10 steps of the skaters' own design and pattern. Should include variety of 3-turns and Mohawks.

Solo program duration: 2:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 3 and below

Specific passing standard descriptions for the required maneuvers from the current ISI Freestyle 1-10 test maneuvers can be found in the 2008 edition of the *Skaters and Coaches Handbook*.

ISI Silver Freestyle Test

1. Any two jumps from Freestyle 4-5 levels — can be done solo or in combination
2. One additional jump combination with any two jumps from Freestyle 4-5 levels
3. Two spins or spin combinations — can include upright/sit/camel positions. One spin must be a combination spin with a change of position or a sit spin or a camel spin.
4. Two backward arabesques — must be on different feet
5. Dance step sequence — either the Freestyle 4 or Freestyle 5 dance step sequence or at least 16 steps of the skater's own design and pattern. Should include turns such as: 3-turns, Mohawks, brackets, Choctaws, etc.

Solo program duration: 2:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 5 and below

ISI Gold Freestyle Test

1. Any two jumps from Freestyle 5-6 levels — can be done solo or in combination
2. One additional two-jump combination with the first jump from Freestyle 5-6. The second jump can be from a lower level
3. Two spins — one must be a combination spin with change of foot, but cannot include any flying spin
4. Dance step sequence — either the Freestyle 5 or Freestyle 6 dance step sequence or a straight line or serpentine pattern footwork sequence covering the length of the ice of the skaters' own design. Should include a variety of turns and edges along with excellent control, flow and speed.

Solo program duration: 3:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 6 and below

ISI Platinum Freestyle Test

1. Any two jumps (or jump sequence requirement) from Freestyle 7-10 levels — can be done solo or in combination
2. Two additional jump combinations with at least one double jump in each combination
3. Two spins — one must be a flying camel or flying sit spin
4. One spin combination with at least three different positions and one change of foot
5. Dance step sequence — either the Freestyle 7, Freestyle 8 or Freestyle 9 dance step sequence, or a footwork sequence covering the length of the ice of the skater's own design and pattern. Should include a variety of turns and edges along with superior control, flow and speed.

Solo program duration: 4:00 minutes including all of these required maneuvers and any additional maneuvers

Note on Jump Requirements

All jump requirements for these tests can have the same jump(s) repeated for different test requirements.

After your skaters pass one of these new tests, then what can they do?

Skaters can participate in the new Open Freestyle competition events at the Bronze, Silver, Gold or Platinum levels. These competition event programs should be well balanced and have the same duration times as the test levels above. All programs have a 10-second leeway above those duration times. Vocal music is permitted for all levels.

For the new ISI Open Freestyle competition events, there are no required maneuvers.

- Bronze level skaters can do any maneuvers from Freestyle 3 and below.
- Silver level skaters can do any maneuvers from Freestyle 5 and below.
- Gold level skaters can do any maneuvers from Freestyle 6 and below.
- Platinum level skaters can do any skating maneuvers.

All ISI skaters who have already passed the traditional Freestyle 1-10 test levels are not required to pass any additional test before they can also compete in the new corresponding level for the Bronze, Silver, Gold and Platinum Open Freestyle events.

Even though some duration times for these new levels are slightly longer than the traditional ISI Freestyle events, all ISI Freestyle skaters can use the same Freestyle program to compete in this new event category since *there is never any penalty in ISI competitions for skating under the prescribed duration time.* Since there is no score for “extra content” in the new Open Freestyle events, the slight difference in duration times won’t be any factor in the overall quality of the program.

The following judging criteria will be used for the new ISI Open Freestyle events: Correctness, Variety of Moves, Music Interpretation, Choreography & Pattern, Posture, Presentation, Duration and General Overall.

So your skaters also want to participate in other ISI competition events such as Artistic, Footwork, Interpretive, Spotlight, Solo Compulsories and Rhythmic?

No problem! Your skaters can sign up for all of these additional competition events by following the performance

rules for each event. The only ISI Freestyle-level competition events those skaters cannot do by only passing the Bronze, Silver, Gold and Platinum tests are the specific Freestyle events — such as Freestyle 1, 2, 3, etc.

The ISI competition director now also has the option — but is not required — to group entries into Bronze/Silver/Gold/Platinum categories for the following ISI events:

- Artistic
- Solo Compulsories
- Footwork
- Interpretive
- Spotlight
- Rhythmic

For example, entries can be grouped with “Artistic 1-2-3” skaters together and with “Artistic Bronze” skaters together in separate groups — or you can combine those skaters into a single “Artistic Bronze” event group.

These combined-level events can be further subdivided into event groups based on the entries received and the age of the skaters, with no more than nine competitors in any event group

The event divisions are:

Bronze:

Freestyle 1-3 skaters and Bronze level skaters

Silver:

Freestyle 4-5 skaters and Silver level skaters

Gold:

Freestyle 5-6 skaters and Gold level skaters

Platinum:

Freestyle 7-10 skaters and Platinum level skaters

Note: ISI Freestyle 5 skaters have the choice of competing in the Silver or Gold event level for each event i.e. Open Freestyle, Artistic, Spotlight, Interpretive, etc.

2009 Competition Event Revisions

Be sure to check the ISI website (skateisi.org) for new duration times and maneuver limitations for some ISI events. These changes are optional until May 1, 2009 and mandatory for all ISI competitions held after that date.